

3/4-Ice Rules & Procedures – Humber Valley Shark Attack

Lines - 5-on-5 with goalie

Warm Up - 2 minutes

Length – 2x22 minute periods (Run-Time)

Face-offs - After each whistle. Referees can visually determine where faceoffs should happen based on net spacing on the ice. Whistles are only for goals or a puck covered by a goalie

Change Sides - Teams will switch sides at the end of the first period

Equipment - Regular nets and regular pucks

Off-side - None

Icing - None

Line Changes – On the fly

Puck out of bounds - Referee instructs offending team to back away, referee drops new puck to non-offending team.

Goaltender Save – Faceoff takes place. Referees can visually determine where faceoffs should happen based on net spacing on the ice.

Goal scored - Faceoff takes place. Referees can visually determine where faceoffs should happen based on net spacing on the ice.

Penalties – 2-minute minor penalties will be served, clock will continue to run. Player is released from the penalty box once the penalty has expired.