



# Ben Davis

Ben graduated from York University with an Honors Degree in Kinesiology and later earned his Masters in Kinesiology of Coaching and HP1 Coaching Certification. Once his University and Professional playing career ended, Ben has coached the last 20 years at the Minor, Junior and Professional levels. Since 2003 Ben has run Hyperfit Hockey, an elite hockey school and fitness centre helping hundreds of aspiring athletes achieve their goal of playing Junior, College and Professional hockey.

- Masters Degree in Kinesiology, York University
- Former Pro Hockey Player; Germany & Italy
- Captain; Team Canada Ball Hockey
- Pro Coach ERC Ingolstadt, DEL Germany
- Former Junior A Coach; Caledon & Milton
- AAA Coach 15 Years (GTHL)
- HP 1 Certified Coach